

7th Grade Live Sessions

Online Program's Priority and Expanded Support Upgrades

	Monday	Tuesday	Wednesday	Thursday	Friday
8:15 - 9:00 am Pacific Time 11:15 am - 12:00 pm Eastern Time	History: Instruction	English: Instruction			
9:00 - 9:30 am Pacific Time 12:00 - 12:30 pm Eastern Time					
9:30 - 10:15 am Pacific Time 12:30 - 1:15 pm Eastern Time	Bible: Instruction	Science: Instruction			
10:45 - 11:30 am Pacific Time 1:45 - 2:30 pm Eastern Time	Math: Instruction				
12:00 - 12:45 pm Pacific Time 3:00 - 3:45 pm Eastern Time					

Notes

- Session times are listed in both Pacific and Eastern time — be sure to use the time zone that matches your location.
- Students will receive a join link from their teacher before each live session.

Office Hours

- Applicable to the Online Program in the Priority and Expanded Support Upgrades.
- Office hours vary by teacher; send your teacher a direct message in Ignitia for office hours' days and times.